

# WILLING TO WAIT LOGIC MODEL

# Program Goals

- Increase number of adults who pursue lifelong monogamous relationships (like marriage) prior to engaging in sexual activity
- Support social and emotional learning of students
- Reduce teen pregnancy and STD rates
- Reduce need for interpersonal behavioral interventions by school staff
- Reduce need for students being referred to law enforcement as victims or perpetrators of violence

# Behavioral Goals

Avoid sexual risk (abstain)

Reduce number of lifetime partners

Access health services as needed

Demonstrate healthy relationship skills

Avoid pressuring others to engage in sexual behaviors

Encourage others to avoid or reduce sexual risk



# Constructs Predicting Behaviors

Behavioral Intentions

Personal Boundaries

Perceived Consequences

(Reduce) Justification for Sex

Abstinence Efficacy

Abstinence Values

Future Impact



# Factors Affecting Change

Positive Self Regard & Positive body image	Attitudes and beliefs that value sexual risk avoidance	Clearly identified behavioral boundaries	Respect for others' behavioral boundaries	Ability to communicate behavioral boundaries	Fewer opportunities for sex
Increased positive community involvement	Parental/Caregiver influence over sexual choices,*	Connectedness with parents,*	Parental attitudes toward avoiding adolescent sexual activity*	Self-regulation	Clear goals (which would be threatened by sexual risk behaviors)
Negative attitudes toward pornography	Presence of positive peer role models	Confidence in ability to promote the value of avoiding sexual risk	Value equality in relationships	Delayed pursuit of serious romantic relationships	Positive regard for academic achievement
Ability to identify influences on our sexual choices	Ability to make choices based on clear reasons and goals	Confidence in ability to refuse sexual advances	Regard for marriage as a social good	Ability to communicate intention to avoid sexual risk	Awareness of community health resources
	Can resolve interpersonal conflicts	Ability to verbalize source of conflict in a relationship	Concern for peers who are not making healthy choices	Knowledge of the real risks associated with sexual activity	



# Lesson Objectives and Activities

Sex: Everyone's Talking About It

Sexually Transmitted Diseases

Teen Pregnancy

Reducing the Risk of Pregnancy

Avoiding Unhealthy Relationships

Emotional and Relational Outcomes

Dating and Boundaries

Dating and Healthy Relationships



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